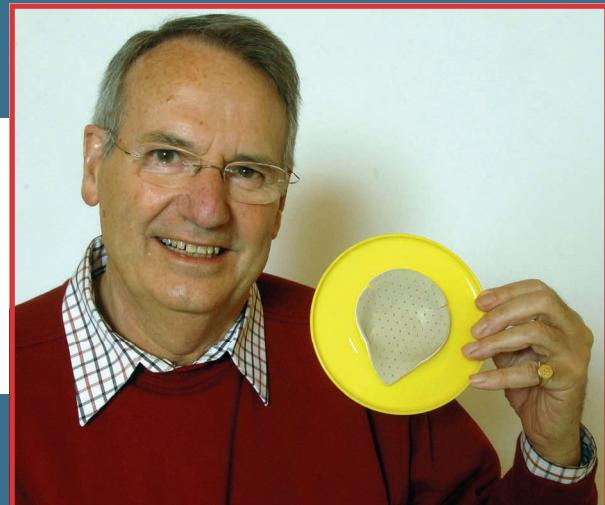


# ORTHO-GLIDE®

**"A portable, simple and effective aid to rehabilitation after trauma or surgery and helps to prevent DVT (Deep Vein Thrombosis)"**



Philip Hankin, NHS Patient  
Inventor of the ORTHO-GLIDE®

 Rehabilitation is one of the most integral parts of a knee or hip replacement operation and it is important to follow the exercise regimes provided by clinicians. A knee or hip replacement procedure has proved to be a very successful means of eradicating pain and improving an individual's mobility but in order to yield the best results, particular attention needs to be paid to the rehabilitation process. Soon after a replacement operation, a clinician will most likely recommend exercises that stimulate blood flow to the region and exercise the muscles.

Recent concerns regarding the spread of infection in hospitals amongst patients have raised doubts about the safety of sharing equipment such as rehabilitation aids like the sliding boards and tubigrip bandage doughnuts between patients.

 The ORTHO-GLIDE® makes the process of lower limb exercising easier and is helpful in improving range of motion, joint flexibility and in regaining muscle tone in a way that is simpler for the practitioner to dispense and easier for the patient to use.

The ORTHO-GLIDE® has been developed to allow patients to exercise at home as well as to address the concerns about the risks of infection that can occur when sharing equipment such as sliding boards and doughnuts among patients.

The ORTHO-GLIDE® is easy to disinfect and wipe clean and uses replaceable insert pads that are designed for single patient use and can be replaced periodically when they become soiled or lose their adhesion.

The ORTHO-GLIDE® can also be used in confined areas, this makes the product a suitable aid for exercising to prevent DVT.

## Benefits to using the ORTHO-GLIDE®:

- Reusable high quality plastic base, cost effective insert pads and minimal practitioners time required to assemble prior to use.
- Helps improve range of motion, joint flexibility and in the regaining of muscle tone.
- Easily cleaned base and disposable insert pads.
- Non-slip cushioned insert pads provide comfort and security.
- Slides smoothly on virtually any surface.
- Useable in confined spaces such as aeroplane and coach seating areas.

## EASY ~ EFFICIENT ~ EFFECTIVE



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an  
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INNOVATION - INVESTMENT - IMPROVEMENT  
product